

Hearty Vegetable Beef Soup

Makes: 4 servings

Ingredients

- 1 can** chicken broth (unsalted, 10 1/2 oz)
- 1/2 cup** water
- 2 cups** mixed vegetables (frozen, for soup)
- 1 can** tomatoes (16 oz, broken up)
- 1 cup** beef (cooked and diced)
- 1 teaspoon** thyme leaves (crushed)
- 1 dash** pepper
- 1/4 teaspoon** salt
- 1 bay leaf
- 1 1/4 cups** noodles (narrow-width, uncooked)

Directions

1. Heat broth and water. Add vegetables, meat and seasonings. Bring to boil, reduce heat and boil gently, uncovered, for 15 minutes.

2. Add noodles. Cook until noodles are tender, about 10 minutes

3. Remove bay leaf.