

# No Bake Breakfast Cookies

Rating: ★★★★★

Makes: 12 servings

## Ingredients

- 1/2 cup** honey (or light corn syrup)
- 1/2 cup** non-fat dry milk (instant)
- 1/2 cup** raisins (or chopped dates)
- 1/2 cup** creamy peanut butter
- 2 1/2 cups** flaked cereal (coarsely crushed)

## Directions

1. Heat honey and peanut butter in a medium saucepan over low heat. Stir until blended.
2. Remove from heat. Stir in dry milk.
3. Fold in cereal and raisins. Drop by heaping Tablespoons onto waxed paper to form mounds.
4. Cool to room temperature. Store in refrigerator.

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## Nutrition Information

Key Nutrients	Amount	% Daily Value*
Total Calories	160	
Total Fat	5 g	8%
Protein	4 g	
Carbohydrates	26 g	9%
Dietary Fiber	1 g	4%
Saturated Fat	1 g	5%
Sodium	110 mg	