

# Homemade Cranberry Sauce

**Makes:** 8 Servings

## Ingredients

- 3 cups** fresh cranberries (12 ounces, can also use frozen)
- 1** orange
- 1 cup** sugar

## Directions

1. Place all ingredients in a blender and blend until mixed well.
2. Heat up and serve over turkey, ice cream sandwiches, etc.

## Notes

1 cup white grape juice concentrate can be substituted for 1 cup sugar.

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### Nutrition Information

Key Nutrients	Amount	% Daily Value*
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Total Calories	113	
Total Fat	0 g	0%
Protein	0 g	
Carbohydrates	29 g	10%
Dietary Fiber	1 g	4%
Saturated Fat	0 g	0%
Sodium	1 mg	0%

### MyPlate Food Groups

Fruits	1/4 cup
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