

Easy Meatloaf

Makes: 6 Servings

Unsalted tops crackers are used in this recipe. This meatloaf recipe uses the crackers instead of breadcrumbs.

Ingredients

1 pound lean ground beef
1/3 cup onion (chopped)
1 egg
20 unsalted tops saltine crackers (crushed into pieces)
1/2 teaspoon black pepper
1/4 teaspoon salt
1 cup canned low-sodium tomato sauce

Directions

1. Heat oven to 350 degrees F.
2. Place ground beef into a large bowl. Add onion, egg, ¼ cup tomato sauce, crackers, salt, and black pepper. Mix until combined.
3. Spoon mixture into a 9x5-inch loaf pan. Top with remaining tomato sauce and cover with aluminum foil.
4. Bake for 45 minutes to 1 hour.