

# Simple Snack Mix

Rating: ★★★★★

Makes: 12 Servings

Corn and rice biscuits ready-to-eat cereal is used in this delicious snack mix.

## Ingredients

**1/2 tablespoon** chili powder  
**1/2 tablespoon** garlic powder  
**1/2 tablespoon** onion powder  
**1 teaspoon** cayenne pepper (if you like)  
**3 1/2 cups** corn and rice biscuits cereal  
**1 1/2 cups** oat circles cereal  
**1 cup** cheese crackers  
**3/4 cup** pretzels  
**1/2 cup** peanuts  
nonstick cooking spray

## Directions

1. Preheat oven to 300 degrees F.
2. Combine chili powder, garlic powder, and onion powder in a small bowl. If using cayenne pepper, add that too.
3. Combine corn and rice biscuits, oat cereal, cheese crackers, pretzels, and peanuts in a large bowl. Spread onto a baking sheet.
4. Spray cereal mixture with nonstick cooking spray, then sprinkle spice mixture on top.
5. Bake for 25 to 30 minutes.

Recipe adapted from Food.com

## Nutrition Information

Key Nutrients	Amount	% Daily Value*
Total Calories	220	
Total Fat	5 g	
Protein	3 g	
Carbohydrates	17 g	
Dietary Fiber	1 g	
Saturated Fat	2 g	
Sodium	170 mg	