

# Apricot Dessert Topping

**Makes:** 6 Servings

Canned fruits are a great addition to any meal, so keep them on hand. Use canned apricots as a delicious dessert or topping for any dessert.

## Ingredients

**2 cups** apricots (undrained)  
**1 tablespoon** sugar  
**2 tablespoons** orange juice

## Directions

1. Mix together all ingredients in a small bowl and set aside.
2. Serve warm or cold over ice cream, shortcake, yogurt, waffles, or pancakes

## Nutrition Information

Key Nutrients	Amount	% Daily Value
<b>Total Calories</b>	<b>70</b>	
Total Fat	NA	
Protein	NA	
Carbohydrates	18 g	
Dietary Fiber	2 g	
Saturated Fat	NA	
Sodium	3 mg	