

# Simple Salsa

**Prep time:** 15 minutes

**Makes:** 6 Servings

## Ingredients

- 1 cup** tomatoes, canned, diced
- 1 cup** black beans
- 1/2 cup** Corn, canned, whole kernel
- 1/4 cup** Green bell pepper, chopped
- 1/4 cup** Italian salad dressing, reduced fat
- 1/4 teaspoon** garlic powder
- 1** Sprig Cilantro, fresh, chopped

## Directions

1. Drain tomatoes, black beans, and corn.
2. Chop bell pepper. Rinse cilantro. Chop.
3. Mix tomatoes, black beans, corn, green pepper, garlic powder, cilantro, and Italian dressing in a medium-sized mixing bowl.
4. Refrigerate for 1 hour.
4. Serve with 1 oz (about 9 chips) baked tortilla chips.

## Notes

Serving Size: 1/2 cup

Serving Tips:

Zesty and colorful. Pleasing to the eye and the taste buds. Juicy diced tomatoes, yellow corn, black beans, and green pepper all mixed together with fresh cilantro and Italian dressing then served with baked tortilla chips create an appetizing, healthful side dish.

