

# "Monkey Snacks" Banana Snacks

**Makes:** 12 or 48 Servings

12 Servings

48 Servings

Ingredients	Weight	Measure	Weight	Measure
Bananas, peeled, sliced		6 cups		24 cups
Water		1 cup		4 cups
Margarine, soft		2 Tbsp		1/2 cup
Nutmeg		1/4 tsp		1 tsp
Cinnamon		1 Tbsp		1/4 cup

## Directions

1. Preheat oven to 350°F.
2. Bring water to a boil.
3. Remove from heat and stir in margarine, nutmeg and cinnamon.
4. Peel and slice bananas. Place in casserole dish.
5. Drizzle sauce over bananas.
6. Bake in oven 12 minutes. Serve warm with graham crackers.

## Nutrition Information

Key Nutrients	Amount	% Daily Value*
Total Calories	86	
Total Fat	2 g	
Protein	1 g	
Carbohydrates	18 g	
Dietary Fiber	2 g	
Saturated Fat	0 g	
Sodium	26 mg	