



# Asian Chicken with Asparagus and Pineapple

**Makes:** 50 servings

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Ingredients	Weight	Measure
White meat chicken, cooked and cut into 1/2-inch cubes	3 lb.	2 1/2 qt.
Asparagus cuts and tips, frozen	4 lb.	4 qt.
Pineapple chunks, canned, drained	6 lb 4 oz.	8 1/4 qt.
Water chestnuts, canned, sliced, drained	2 1/2 lb.	2 qt.
Sweet and sour sauce	9 lb.	4 qt.
Onion powder		3 Tbsp.
White rice, cooked	5 lb. 8 oz.	12 1/2 qt.
Chow mein noodles	1 1/2 lb.	3 qt.

## Directions

1. Combine all ingredients except the rice and chow mein noodles.
2. Cook 7 to 10 minutes, or until asparagus is thawed and sauce is hot.
3. To serve, place 1 cup (about 7 oz.) cooked rice on a plate. Top with 1 cup (8 oz.) chicken mixture and 1/4 cup (1/2 oz.) chow mein noodles.