Fresh Greens with Orange Sunshine Dressing

Makes: 50 or 100 servings

	50 Servings		100 Servings	
Ingredients	Weight	Measure	Weight	Measure
Lettuce, romaine, shredded	2 lb 8 oz		5 lb	
Spinach, fresh, chopped	8 oz		1 lb	
Yogurt, lowfat, plain	1 lb		2 lb	
Sour cream, lite	2 lb 4 oz		5 lb 12 oz	
Honey	1 lb 8 oz		3 lb	
Orange juice concentrate, frozen, (thawed)	6 oz		12 oz	
Orange peel, zest		1/3 cup		2/3 cup
Lemon juice, bottled	2.6 oz	1/3 cup	5.2 oz	2/3 cup

Nutrition Information

Key Nutrients	Amount	% Daily Value
Total Calories	**94**	
Total Fat	3 g	
Protein	2 g	
Carbohydrates	16 g	
Dietary Fiber	0.6 g	
Saturated Fat	NA	
Sodium	28 mg	

Directions

1. Wash, trim, and dry greens.
2. Tear and combine greens into large bowl. Refrigerate until ready to serve.
3. Whisk together yogurt, sour cream, honey, orange juice concentrate, zested orange peel, and lemon juice until smooth. Refrigerate until served.