

Oriental Pasta Salad

Makes: 64 servings

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Ingredients	Weight	Measure
Pasta, any style	2 lbs	
Broccoli florets, fresh		8 cups
Celery, sliced		4 cups
Carrots, sliced		4 cups
Green onions		3 cups
Raisins		4 cups
Soy sauce, reduced sodium		2 cups
Mayonnaise		4 cups
Ginger, ground		1 Tbsp 1/2 tsp
Sesame oil (optional)		1/2 tsp
Sesame seeds, tossed (optional)		1/2 cup

Directions

1. Cook pasta according to package directions; drain. Rinse with cold water; drain.
2. Mix pasta with vegetables.
3. Process raisins and half of the soy sauce until mixture is smooth.
4. Add remaining soy sauce; continue to process until mixture is smooth.

Nutrition Information

Key Nutrients	Amount	% Daily Value
Total Calories	188	
Total Fat	11 g	
Protein	3 g	
Carbohydrates	20 g	
Dietary Fiber	2 g	
Saturated Fat	2 g	
Sodium	346 mg	

Meal Components

Vegetables	1/4 cup
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5. Add mayonnaise, ginger and sesame oil; process until well mixed. (NOTE: If processor capacity is small, combine ingredients in a mixing bowl; mix well.)
6. Combine 6 cups of the dressing with pasta and vegetables; chill.
7. Just before serving, add remaining dressing and sprinkle with toasted sesame seeds.