

# Lucky Leprechaun Greens

**Makes:** 12 or 48 servings

12 Servings      48 Servings

Ingredients	12 Servings		48 Servings	
	Weight	Measure	Weight	Measure
Pears, canned, chopped		2 cups		8 cups
Spinach, leaves		3 cups		12 cups
Bell pepper, red, chopped		1 cup		4 cups
Balsamic vinegar		1/2 cup		2 cups

## Directions

1. Rinse spinach. Pat dry.
2. In large bowl, combine spinach, pears and peppers.
3. Drizzle with balsamic vinegar.
4. Toss to coat.

## Notes

Serving Tips:

Combining fruits and vegetables in a salad makes a nice snack. Try this recipe with oranges, pineapples or any other fruit you wish!

## Nutrition Information

Key Nutrients	Amount	% Daily Value
<b>Total Calories</b>	<b>30</b>	
Total Fat	NA	
Protein	NA	
Carbohydrates	8 g	
Dietary Fiber	1 g	
Saturated Fat	NA	
Sodium	8 mg	