

Sunny Salsa

Makes: 12 or 48 servings

Salsa can be made using almost any type of fruit or vegetable. Add some flavor to chicken or fish by topping it with fruit and vegetable salsa.

12 Servings 48 Servings

Ingredients	Weight	Measure	Weight	Measure
Mandarin oranges, chopped		2 cups		8 cups
Pineapple chunks, fresh or canned		2 cups		8 cups
Onions, chopped		1 cup		4 cups
Green bell pepper, chopped		1 cup		4 cups
Chives (optional)		2 Tbsp		1/2 cup

Nutrition Information

Key Nutrients	Amount	% Daily Value
Total Calories	42	
Total Fat	NA	
Protein	1 g	
Carbohydrates	11 g	
Dietary Fiber	1 g	
Saturated Fat	NA	
Sodium	3 mg	

Directions

1. Chop mandarin oranges, pineapple, onions and peppers into small pieces.
2. In large bowl, combine all ingredients.