

# Pumpkin Cheese Pie

Rating: ★★★★★

**Cook time:** 1 hour, 5 minutes

**Makes:** 16 servings

## Ingredients

- 8 ounces** cream cheese, reduced fat
- 8 ounces** cream cheese, non-fat
- 2** egg
- 4** egg whites
- 1 1/4 cups** sugar
- 1 can** pumpkin (29 ounces)
- 1 teaspoon** ginger
- 1 tablespoon** cinnamon
- 2** graham cracker pie crusts (9 inch)

## Directions

1. Preheat oven to 350 degrees.
2. Place the cream cheese, eggs, and sugar in a large mixing bowl. Mix at medium speed until creamed. Add the remaining ingredients and mix at medium speed until ingredients are well mixed.
3. Spoon the mixture evenly in each pie crust and place both in the oven for approximately 50 minutes until pies look firm in the middle.

California Health Department - Los Angeles County, Es Facil Campaign Submitted by Maria Pallares

## Nutrition Information

Key Nutrients	Amount	% Daily Value*
Total Calories	280	
Total Fat	10 g	15%
Protein	7 g	
Carbohydrates	42 g	14%
Dietary Fiber	2 g	8%
Saturated Fat	3 g	15%
Sodium	360 mg	15%