Zero Calorie Dressing

Makes: 4 servings

Ingredients

1/2 cup juice, tomato
2 tablespoons juice, lemon (or vinegar)
1 teaspoon onion (grated)
1/2 teaspoon Worcestershire sauce
1/4 teaspoon salt
1/4 teaspoon prepared mustard

Directions

1. Combine all ingredients.

2. Store in refrigerator.

Nutrition Information

Key Nutrients	Amount	% Daily Value
Total Calories	**10**	
Total Fat	0 g	0%
Protein	0 g	
Carbohydrates	2 g	1%
Dietary Fiber	0 g	0%
Saturated Fat	0 g	0%
Sodium	160 mg	7%