

One Pan Potatoes & Chicken

Rating: ★★★★★

Makes: 6 servings

Ingredients

4 potatoes (medium, cut into 3/4 in cubes, microwaved 8-10 minutes until tender, or cooked on the top of the stove about 15 minutes until tender)

1 **pound** chicken breasts, boned and skinned (cut into 3/4 inch cubes)

2 **tablespoons** oil

1 **cup** salsa

1 **can** whole kernel corn (15 ounce, drained)

Directions

1. Cook potatoes as directed.
2. In a large skillet, brown chicken in oil on high for 5 minutes.
3. Add potatoes; cook until potatoes are lightly browned.
4. Add salsa and corn. Cook until heated through.

Nutrition Information

Key Nutrients	Amount	% Daily Value
Total Calories	260	
Total Fat	7 g	11%
Protein	19 g	
Carbohydrates	28 g	9%
Dietary Fiber	2 g	8%
Saturated Fat	1 g	5%
Sodium	440 mg	18%