

Sweet and Sour Cabbage

Makes: 8 servings

Ingredients

1/2 head of cabbage (about 4 cups when chopped)

1/2 teaspoon salt

1/2 teaspoon celery seed

2 tablespoons sugar

3 tablespoons vinegar

Directions

1. Cut the cabbage in half and rinse it with water.
2. Chop the cabbage into very thin bit-sized slices.
3. In a large bowl, combine ingredients and mix well.
4. Cover the bowl.
5. Chill in the fridge for several hours before serving.

Nutrition Information

Key Nutrients	Amount	% Daily Value
Total Calories	25	
Total Fat	0 g	0%
Protein	0 g	0%
Carbohydrates	5 g	2%
Dietary Fiber	1 g	4%
Saturated Fat	0 g	0%
Sodium	150 mg	6%