

Pizza Crust

Meal Components: Grains

Breads, B-14

Ingredients	50 Servings		100 Servings		Directions
	Weight	Measure	Weight	Measure	
Whole wheat/enriched blend flour	3 lb 8 oz	3 qt 1 cup	7 lb	1 gal 2 1/2 qt	<ol style="list-style-type: none"> For best results, have all ingredients and utensils at room temperature Place flour, salt, sugar, and dry yeast in large mixer bowl. Mix with a dough hook for 30 seconds on low speed. Combine warm water and oil. Add liquids to the dry ingredients. Mix on low speed for 6 minutes. Divide and shape dough. For 50 servings, divide into 2 balls, 2 lb 6 oz each and one ball, 1 lb 3 oz. For 100 servings, divide into 5 balls, 2 lb 6
Salt		1 1/2 tsp		1 Tbsp	
Sugar		2 Tbsp 1 tsp	2 oz	1/4 cup 2 tsp	
Active dry yeast (see Special Tip)		2 Tbsp 1 1/2 tsp	2 oz	1/4 cup 1 Tbsp	
Water, warm (130° F		1 qt 1/4 cup		2 qt 1/2 cup	
Vegetable oil		1/3 cup		2/3 cup	

Cornmeal, whole-grain

2 1/2 oz

1/2 cup 2 Tbsp

5 oz

1 1/4 cups

5. Lightly coat sheet pans (18" x 26" x 1") and half-sheet pan (13" x 18" x 1") with pan release spray. For 50 servings, use 2 pans and 1 half-pan. For 100 servings, use 5 pans. Sprinkle each pan with 1 oz (3 Tbsp) cornmeal and each half-pan with

6. Place 2 lb 6 oz dough ball in center of each pan and 1 lb 3 oz dough ball in center of half-pan. Flatten dough by rolling or spreading dough ? " thick to rim of pans. Keep edges thicker than center.

7. For topping, baking, and portioning directions, see Pizza With Ground Beef Topping (D-31) or Pizza With Cheese Topping (D-30). Cut each sheet pan 4 x 5 (20 pieces). Cut each half-sheet pan 2 x 5 (10 pieces).

Notes

Special Tip:

To use high-activity (instant) yeast, follow manufacturer's instructions.

A new nutrient analysis will be coming. Updated July 2014.

Restandarization in progress.

Serving	Yield	Volume
1 portion provides 2 oz equivalent grains.	50 Servings: about 5 lb 15 oz	50 Servings: 2 sheet pans and 1 half-sheet pan
	100 Servings: about 11 lb 14 oz	100 Servings: 5 sheet pans

Nutrients Per Serving

Calories	137	Saturated Fat	0.26 g	Iron	1.62 mg
Protein	3.61 g	Cholesterol	0 mg	Calcium	6 mg
Carbohydrate	26.11 g	Vitamin A	3 IU	Sodium	71 mg
Total Fat	1.83 g	Vitamin C	0 mg	Dietary Fiber	1.1 g